

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

**BISMILLAHI AL RAHMANI AL RAHIM**

**In the Name of ALLAH the most Compassionate the most Merciful**

**GIMDES 9th International Halal  
and Tayyib Conference**

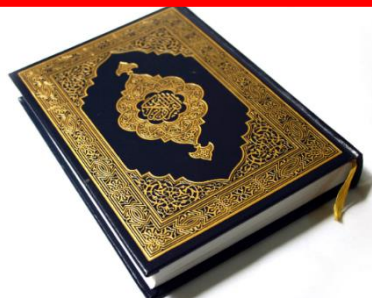
**23-24 October 2017.**

**A TALK BY DR ABDEL MAJID KATME ON**

**ISLAMIC MEDICINE**



Black Seed



Honey



# A LOT OF DEATHS FROM A LOT OF DISEASES!

## *The top 10 causes of death IN THE WORLD*

- ▶ Of the 56.4 million deaths worldwide in 2015, more than half (54%) were due to the top 10 causes:

- ▶ **Ischaemic heart disease and stroke(15 million)**

- ▶ **CANCERS: 8.8 million in 2015**

- ▶ **Chronic obstructive pulmonary disease ( 3.2 million)**

- ▶ **lung cancer (1.7million)**

- ▶ **Diabetes ( 1.6 million)**

- ▶ **Dementias doubled .**

- ▶ **Lower respiratory infections (3.2 million )**

- ▶ **Diarrhoeal diseases a(1.4 million)    Tuberculosis ( 1.4 million)**

- ▶ **HIV/AIDS ( 1.1 million)**

- ▶ **Road injuries (1.3 million)**

- ▶ Ref: WHO January 2017

# ARE WE MORE HEALTHY TODAY?

With more than 60 million deaths/year we are witnessing also the followings serious outcomes , despite all the progress in medicine and medical technology:

More and more:

- ▶ Diseases, genetic diseases and more disabled and disability...
- ▶ Chronic incurable diseases AND patients | Drugs produced and prescribed
- ▶ Vaccines: a vaccine for every illness or any misbehaviour now?
- ▶ Big business and profits for the drug industry
- ▶ Reports of serious side effects/complications from the prescribed drugs
- ▶ More DEATHS from the drugs AND More costs to pay for the drugs
- ▶ Complaints /litigations and more compensations cases
- ▶ Chemicals and toxins in the human body and LESS adoption of Natural medicine

***Because of***  ***ABSCENCE OF ISLAMIC MEDICINE?***

**NO DOUBT MOST DISEASES AND  
ILLNESSES TODAY ARE MADE BY  
MEN/ WOMEN BECAUSE OF ADOPTING  
UNHEALTHY LIFE STYLES???**

# CURRENT MEDICINAL DRUGS

## → PROBLEMS, HARMS and DEATHS

- ▶ Mostly man made
  - Mostly chemicals ....not natural
- ▶ -A pill for every ill?
  - Many symptomatic/not curative
- ▶ -No prevention of the diseases
  - Death of many patients
- ▶ -Harms from self prescribing
  - Man is a guinea pig in some cases?
- ▶ -Used in some cases to commit suicide(overdoses)
- ▶ -Serious side effects/Complications(See the big list in every packet of medicine)
- ▶ -Unknown chemical drug interaction with many medicines and chemicals in foods/drinks/air
- ▶ -Can damage the unborn child during pregnancy
- ▶ Dependency/Addiction effect

- ▶ -Treating emotions/feelings(NAFS) as in psychiatry?
- ▶ -Huge cost especially to poor countries -Haram/forbidden ingredients (No concept of Halal)
- ▶ -Unhygienic/Najis ingredients - Gigantic business industry
- ▶ -Controlling the formula by many companies -Mostly Imported from the West/or the Formula is from the West
- ▶ -Cheating /not genuine especially in Africa and Asia?/or out of date
- ▶ -Generic/chemical not commercial attractive names/packets/appearance/adverts: HUGE COST/ or Great saving?
- ▶ -Not "personalised" and not linked to gender - Placebo effect?... in at least 30%
- ▶ -Not addressing :mind/body/soul ...not addressing the life styles which do cause the diseases
- ▶ -Doctors bribed by drug companies: Dishonest prescribing and research
- ▶ -Drug companies oppose natural medicine and the research on it

**RIGHT AND SAFE MEDICINES ARE NEEDED AND  
CAN SAVE LIVES!**

- ▶ **TWO EXAMPLES ON COST:**
- ▶ **US spends more than \$450 billion on drugs**
- ▶ **UK spends more than £17 billion on drugs(NHS)**

***Ref: ([ims.health.com](http://ims.health.com))***

# PRESCRIBED DRUGS: ARE NOW THIRD HEALTH HAZARD/MAJOR HEALTH RISK...THEY KILL PATIENTS !:

## IN THE US:

- ▶ **\*Prescribed drugs cause about 2 million hospitalisation/year**
- ▶ **\*2.74 million serious drug reactions\***
- ▶ **\*128 000 die from the prescribed drugs!**
- ▶ **-Cause 450 000 medical-related adverse events/year**
- ▶ **-Cost: \$136 billion**
- ▶ **-4.6 million drug related visits to Emergency admission**
- ▶ **-About 38 000 deaths from overdoses**



## IN THE EU:

- ▶ 200 000 patients die from prescribed drugs
- ▶ (Ref: Centre of Ethics: [www.harvard.edu](http://www.harvard.edu))

## **Total Deaths from DRUGS since January 1, 2000...**

- ▶ Big Pharma's chemical warfare on humanity dwarfs the number of victims killed by all world wars and acts of terrorism combined...
- ▶ While drug companies profit billions, people are dying by the millions ???.

## SOME OF THE MEDICINAL DRUGS WHICH HAVE KILLED PATIENTS:

▶ Chemotherapy: 18 million

- Iatrogenic Deaths: 14 million

▶ Drug-Resistant Tuberculosis (MDR): 4 million

- Adverse Drug Reactions: 2 million

▶ Medical Errors: 2 million

- Super Bugs: over 400 000

▶ Prescription Drugs: over 400 000

▶ Drug-Resistant Streptococcus Pneumonia: 400 000

▶ Non steroidal Anti-Inflammatory Drugs (NSAIDs) : 300 000

▶ Opioids (pain relievers): 300 000

- Clostridium Difficile : 250 000

▶ Methicillin-Resistant Staphylococcus Aureus (MRSA) : 200 000

▶ Benzodiazepines : 125 000

- Anti-Depressant Overdoses: 70 000

▶ Etc.....

# VACCINES:

▶ -Interfere and prevent the EARLY development of the natural immune defence system

▶ -Too many given early in life to the small child?

▶ -Forbidden /Muharramat ingredients(alcohol , porcine substances....)

▶ -Najassat ingredients(Faeces, urine , pus ...)

▶ -A lot of harmful ingredients/antibiotics(causing resistance) , cancer cells virus/germs

▶ -Harmful chemicals like: Mercury and Lead Aluminium...

▶ -Giving a lot of diseases like: allergy/auto immune diseases/Autism....

▶ -Bad medical practice: not addressing or preventing the causes of the diseases

▶ -Kill some children?

-Serious side effects

▶ -A vaccine for every ill ?

-Unproven scientifically?

▶ No comparative retrograde studies

-Big giant business industry

▶ -Expensive and very costly

-Alternatives available

▶ -The big worry now: to make it compulsory?

*(See few Muslim websites/My Presentation before at Gimbes Conference)*

## MEDICINAL DRUGS FOR PSYCHIATRIC / MENTAL ILLNESSES:

- ▶ Commonly symptomatic(sedatives/hypnotics....) no clear physical cause
- ▶ Not addressing the cause...
- ▶ ( Most Causes of mental illness are prevented in Islam: suicide/maternal deprivation/alcohol / drugs.....)
- ▶ Chemicals for emotions and feelings?
- ▶ Side effects/complications
- ▶ Dependency/Addictions
- ▶ Involved in all issues of life(sex/crimes...) ...like a new religion?



## WIDELY USED LEGAL HARMFUL DESTRUCTIVE DRUGS ???

- ▶ **Alcohol/smoking/soft and hard drugs (Cannabis, cocaine, morphine, ecstasy , LSD .spice...)**
- ▶ **UNFORTUNATELY there is GROSS FAILURE ALL OVER THE WORLD AND IN MANY MUSLIM COUNTRIES! to prevent these destructive drug killers?**
- ▶ **Leading to: ADDICTION/DEATH/HUGE FINANCIAL COST/MANY DISEASES AND THE FILLING OF HOSPITAL BEDS...**

# THE ISLAMIC MEDICINAL HEALTH CATEGORIES

## (ISLAMIC MEDICINE)

(A)

- ▶ -AVOIDING THE MUHARRAMAT/ THE FORBIDDEN
- ▶ -Alcohol
- ▶ -Hard drugs
- ▶ -Smoking
- ▶ -Adultery/Zina
- ▶ -Homosexuality practice
- ▶ -Pork/Haram meat/foods



(B)

- ▶ DOING WHAT IS HALAL
- ▶ All what is prescribed and allowed in Islam to do

## **ISLAMIC MEDICINE Continues...**

**(C)**

- ▶ **-HALAL TAYYIB/MEAT/FOODS AND DRINKS**
- ▶ **-Breastfeeding**
- ▶ **-Honey**
- ▶ **-Qur'anic and Prophetic foods and drinks**
- ▶ **-True Halal meat (unstunned)**
- ▶ **-Tayyib natural pure meat/foods and drinks**
- ▶ **(There are hospitals in the west today which do treat patients with different diseases with food only)**
- ▶ **-Natural foods/fruits and vegetables**



▶ **ISLAMIC MEDICINE Continues...**

▶ (D)

▶ **-THE SUPERIOR PRESCRIBED HYGIENIC MEASURES AND CLEANLINESS TO AVOID CROSS INFECTIONS**

▶ **-Ablution/Wudu with the 5 daily prayers -Clean water to drink and use**

▶ **Washing all organs exposed to dirt/germs/bacteria and virus**

▶ **-The medical miracle in washing the hands frequently**

▶ **Left hand to use for dirt**

**-Frequent bath/shower**

▶ **-Dusting the bed**

**-Avoiding cross infection**

▶ **-Frequent cutting of the nails**

**-Taking out pubic and armpit hairs**

▶ **-Brushing the teeth/Miswak frequently**

**-Circumcision for boys**

▶ **-Clean halal sexual practices**

**-No shoes inside the house/mosque...**

▶ **-No Zina/ no Adultery**



## **ISLAMIC MEDICINE Continues...**

(E)

### ▶ **THE ISLAMIC COMPLEMENTARY ALTERNATIVE NATURAL MEDICINE**

- ▶ **-Honey      -BLACK SEED (Nigella Sativa)      -Fasting/and intermittent fasting**
- ▶ **-Meditation/Salat/prayer      -Quranic Prophetic foods fruits and drinks**
- ▶ **-Olive oil      -Vinegar      -Ginger      -Date      -Al Kama'a      -Ruqiya(Laying hands on the patient)      -Du'a/supplication      -Zam Zam water      -Sadaqah**
- Aromotherapy      -Colour therapy      -Reflexology( in washing the feet in**

**ablution) - Herbs**



**Ginger**



**Vinegar**



**Olives**



**Dates**

# ALL THESE ISLAMIC NATURAL ALTERNATIVE MEDICINES ARE:

- ▶ -Divine
- ▶ -For all times and for all places
- ▶ -Found successful among patients who used
- ▶ -Many were proved scientifically by many non Muslim scientists/doctors and researchers in the west
- ▶ -Blessed by GOD the Creator
- ▶ -Give you also rewards(hasanat) in doing it
- ▶ -Link you more with ALLAH the Creator and with slam

**BUT SCIENTIFIC APPROACH TO STUDY IT IS NEEDED FOR BETTER DIAGNOSIS DOSAGE AND TREATMENT**

**AND BASIC MEDICAL TESTS AND INVESTIGATIONS ARE NEEDED IN MANY CASES BEFORE PRESCRIBING OR PRACTICING ANY OF THE ABOVE MENTIONED ALTERNATIVE MEDICINES**

## **IN THE WEST THERE ARE TODAY A LOT OF RISING CAMPAIGNS FOR NATURAL MEDICINE**

- ▶ They have a lot of **PUBLICATIONS WEBSITES AND FOLLOWERS**
- ▶ More western people are moving towards **NATURAL MEDICINE** and rejecting the Orthodox medicine
- ▶ Many were found to be effective and less costly
- ▶ And many are linked to the Islamic teachings
- ▶ But scientific studies are needed to verify many of their claims

*Ref: two famous websites :[Mercola.com/](http://Mercola.com/) [Naturalnews.com](http://Naturalnews.com)*

# Healing Herbs and Spices

## Medicine Cabinet in Your Kitchen

**OREGANO**  
helps soothe stomach  
muscles



**Thyme**  
relaxes respiratory  
muscles

**MINT**  
can ease hiccups



**TURMERIC**  
anti-cancer

**GINGER**  
anti-nausea remedy



**BASIL**  
can relieve gas and  
soothe stomach  
upsets

**GARLIC**  
natural antiseptic



**BLACK PEPPER**  
help relieve indigestion

**FENUGREEK**  
helps flush out harmful  
toxins



**CAYENNE**  
can stop a heart  
attack

**Fennel**  
can reduce bad breath  
and body odor



**CINNAMON**  
helps lower blood  
pressure

**CLOVE**  
anti-microbial



**Dill**  
treat heartburn,  
colic and gas

**SAGE**  
antiseptic and  
antibiotic



**Rosemary**  
antioxidant



## **ISLAMIC MEDICINE Continue...**

**(F)**

- ▶ **PROPHETIC MEDICINE(Tibb Al Nabawi)**
- ▶ **A rich source of Prophetic medical health advice (some research is needed)**

**(G)**

- ▶ **IBADAT/WORSHIP**
- ▶ **-Salat    -Fasting    -Hajj**



**(H)**

- ▶ **ISLAMIC BEHAVIOUR FOR THE PRIMARY PREVENTION OF HUNDRED OF DISEASES By:**
- ▶ **Avoiding all Haram and Doing the Halal**
- ▶ **Promotion of Health and maintaining Healthy life styles**
- ▶ **Protecting all organs and the human body from any harmful substance or behaviour**

**(I)**

**ISLAM PREVENTS MANY HUNDREDS OF DISEASES(Prevention is better than cure) ! BY:**

**Avoiding any haram acts such as:**

- ▶ **Alcohol: gives us about 50 diseases**
- ▶ **Smoking: gives us about 25 diseases**
- ▶ **Zina/adultery: gives us about 27 diseases**
- ▶ **-Drugs which do cause a lot of diseases**

**AND DOING THE HALAL ACTS**

**(J)**

**PREVENTION OF MOST RISK FACTORS THAT LEADS TO:**

- ▶ **HEART DISEASES CANCERS HIV/AIDS .....**

(K)

## BUILDING AN EARLY PERMANENT NATURAL STRONG IMMUNE DEFENCE SYSTEM THROUGH ISLAMIC AND HEALTHY MEASURES

### FOR 'IMMUNOTHERAPY'

- ▶ -Proper period of breastfeeding    -No vaccines    -Black seed(Nigella Sativa)    -Natural Quranic/prophetic tayyib food and drinks(avoiding thousands of chemicals/toxins in food/water/drink/agriculture...)
- ▶ -Prohibition of :Alcohol Drugs and Smoking....
- ▶ -Salat/relaxation    -Exercises    -Sun/Vit D    -Safe drinking Water
- ▶ -Mushrooms/Ginger/Garlic....quit sugar!    -Fasting    -Fasting/intermittent    - Zam Zam water    -Good sleep    -Smiling/laughing/happiness
- ▶ -Grounding    -Safe drinking water/Tahir
- ▶ -Safe sewage system    -Exposure to dirt and minor infections
- ▶ -AL NAFS AL MUTMAINNAH(relaxation/avoidance of stress)



## **ISLAMIC MEDICINE Continue...**

(L)

### **THE MISSING SPIRITUAL HEALTH among patients and doctors today!**

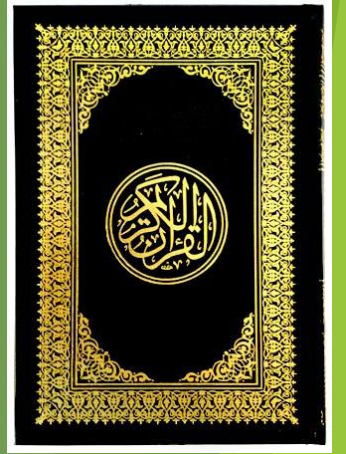
- ▶ **Spiritual Health is very much emphasized in Islam....and is not known in the western medical world!**
- ▶ **It is based on TAQWA/FEAR OF ALLAH/GOD AWARENESS AND CONSCIOUSNESS**
- ▶ **All IBADAT especially fasting Ramadan, 5 daily prayers, Hajj .....**
- ▶ **In Spiritual Health, one will get the NAFS ALMUTMAINNAH (relaxed soul).**
- ▶ **This relaxation will prevent almost all Psychosomatic diseases, all stress/anxiety which do lead to many psychiatric disorders.**
- ▶ **Spiritual Health will give us the clarity/ the right decision and view in most of the new medical ethical issues of today**





# QURANIC HEALING /SHIFA

## **Ayat ash-Shifa (Six Quranic Verses of Healing)**



*In the Name of ALLAH, the Most Compassionate the Most Merciful*

**1- "WE SENT DOWN IN THE QUR'AN THAT WHICH IS HEALING (shifa) TO THE BELIEVERS.....“ Ref: QURAN: 17-82**

**2- "AND WHEN I AM ILL, IT IS GOD (ALLAH) WHO CURES / HEALS ME“ Ref: QURAN: 26-80**

**3 - And [God] shall heal the chest of the believers. Ref: QURAN: 9:14**

**4 - Mankind there has come to you a guidance from your Lord and a healing for (the diseases) in your hearts, and for those who believe a guidance and a mercy. Ref: QURAN: 10:57**

**5- ‘There issues from within the bodies of the bee a drink of varying colours wherein is healing for mankind.’ Ref: QURAN: 16:69**

**6- ‘And declare (O Muhammad) that [the Quran] is a guidance and healing for the believers.’ Ref: QURAN: 41:44**

**Ref: (Posted on November 27, 2010 by Staff Dar al-Iftaa Al-Missriyyah /ESHAYKH.COM)**

## HADITH:

The Final Prophet Muhammad (peace be upon him ) said :

**'I ASK YOU OF THE TWO HEALERS: AL QUR'AN AND HONEY'**

**'WORSHIPPERS OF ALLAH, GET THE(right) MEDICINE/TREATMENT, AS FOR EVERY DISEASE THERE IS A CURE (treatment)'**

Muslim doctors and scientists should be more open minded in finding the right treatment. It does not have to be always man made chemical drugs!

There is a message in this Hadith to do many scientific medical studies and researches and Islamic ones in order to find the right medicine / treatment or cure. Safe halal effective medicinal drugs are very much encouraged in Islam

(Islamic pharmacology/see the previous early medical civilisation before)

Obviously we are not opposing or rejecting all medicines and drugs on the market today.

Another beauty in this hadith: HOPE THERAPY: There is a cure for your disease! , this is very helpful for the healing of every patient(Positive thinking) We have to remember that Prophet

Jesus( peace be upon him) was a healer as mentioned in the Qur'an

## ISLAMIC PHARMACY BY EARLY MUSLIM SCIENTISTS

▶ Around the 8<sup>th</sup> century,

Khaled Ibn Yazeed started his journey by translating Greek and Roman references in the field. He studied chemical reactions and started his pioneering experimentations in synthesizing drugs and remedies.

▶ Ibn Yazeed set the foundation upon which chemistry and pharmacy could be studied which was later built upon by his successor Jabir Ibn Hayyan.

▶ By the beginning of the 9<sup>th</sup> century, pharmacy was already a well-established, independent profession with well-regulated rules and laws.

▶ In fact, pharmacists were knowledgeable about drug use, compounding, preparation, and dispensing. At that time, pharmacists mastered dosage adjustment, drug interaction, and prevention of drug adulteration.

▶ Interestingly, Muslim physicians have further developed the field of pharmacy. Being the most knowledgeable about body ailments and diseases, physicians were the most suited to develop and prescribe the cure.

- ▶ Famous physicians like Al-Razi, Ibn Sina and Al-Kindi, contributed much in the advancement of this field of science. Furthermore, they combined their knowledge about medicine with herbal remedies.
- ▶ Al-Biruni's book, 'The Book of Pharmacology,' Al-Zahrawy's 30 volumes '*Al-Tasrif*' (Dispensing), Al-Razi's '*Al-Hawi*' (The Comprehensive Book on Medicine), 'The Secret in Chemistry', Al-Mansur Muwaffaq's 'The Foundations of the True Properties of Remedies' and Ibn al-Wafid's work 'The Book of Simple Drugs,' were some of many outstanding references in pharmacology at the time.
- ▶ Please see these two great early reports/studies/ references ( as samples) on Pharmacology produced by the early Muslim scientists before:

1 - Islamic Roots of Modern Pharmacology About Islam [www.aboutIslam.net](http://www.aboutIslam.net)

2 - The Islamic -Roots of Modern Pharmacy - Aramco World [www.aramcoworld.com](http://www.aramcoworld.com)

[/en-US/Articles/.../The-Islamic-Roots-of-Modern-Pharmacy](http://en-US/Articles/.../The-Islamic-Roots-of-Modern-Pharmacy)



## GREAT EARLY PHYSICIANS in Islamic Medicine

"The Islamic Golden Age, spanning the 8<sup>th</sup> to the 15<sup>th</sup> Centuries, saw many great advances in science, Islamic scholars gathered knowledge from across the known world(Greek/Roman/Indian...) and added their own findings.

One of these important fields was Islamic medicine, which saw medical practice begin to resemble our modern systems. Certainly, this period of the history of medicine was centuries ahead of Europe, still embedded in the Dark Ages. Central to Islamic medicine was belief in the Qur'an and Hadiths, which stated that Muslims had a duty to care for the sick and this was often referred to as "Medicine of the Prophet."

*One of these important fields was Islamic medicine, which saw medical practice begin to resemble our modern systems. Certainly, this period of the history of medicine ...*

There were huge inventions/publications and productions in drugs and medicine by Muslim scientists in the field of Pharmacy.

-Islamic hospitals were established in the Muslim world.

-With the growth of many great Muslim Physicians/Writers who gave LIGHT to the west who was living in the dark ages!

## To name just few:

▶ \*AL RAZI (850-923). He wrote and produced 200 books on Medicine and philosophy. He believed in a holistic approach to medicine

▶ \*IBN SINA (Avicenna ) His famous publication: THE CANON For diagnosis of diseases and treatment

▶ \*AL KINDI (800-870):

The Documenter of Islamic Medicine. His great contribution: the medical Formulary in which he described many preparations drawn from: plant/animal and mineral sources

▶ \*IBN AI NAFIS(born 1213)

His discovery of the Pulmonary circulation/heart circulation

▶ \*ABU AI-QASIM ALZAHRAWI (936-1013)

Pioneer/leader in Surgery. His great contribution: KITAB AL-TASRIF. 30 volumes collection of medical practices

▶ HUNAYAN IBN ISHAQ (808-873) - He wrote a book called 'The Book of Introduction to Medicine,' And many more..... (Ref: <https://explorable.com/Islamic-medicine>)





## THE ISLAMIC HOSPITAL

The hospital shall keep all patients, men and women, until they are completely recovered. All costs are to be borne by the hospital whether the people come from afar or near, whether they are residents or foreigners, strong or weak, low or high, rich or poor, employed or unemployed, blind or signed, physically or mentally ill, learned or illiterate. There are no conditions of consideration and payment; none is objected to or even indirectly hinted at for non-payment. The entire service is through the magnificence of God, the generous one.

—policy statement of the bimaristan of al-Mansur Qalawun in Cairo, c. 1284 ce

- ▶ THE ISLAMIC HOSPITAL WAS BUILT IN HEALTHY ENVIRONMENT , AND WAS BASED ON HALAL EFFECTIVE MEDICINE AND ETHICAL HALAL MEDICAL PROCEDURES..FREE FOR ALL PATIENTS.
- ▶ HALAL MEAT AND FOODS SERVED , PATIENTS WERE STAYING IN SINGLE SEX WARDS WITH PRAYERS AND BATH FACILITIES....
- ▶ DOCTORS AND HEALTH PERSONNELS WERE ISLAMIC AND PROFESSIONAL ,HONEST AND KNOWLEGABLE , CARING WITH A LOT OF EMPATHY TO THEIR PATIENTS(DR A MAJID KATME)

**<http://www.aramcoworld.com/en-US/Articles/March-2017/The-Islamic-Roots-of-the-Modern-Hospital>**





## The Islamic Roots of the Modern Hospital AramcoWorld

[www.aramcoworld.com](http://www.aramcoworld.com)

- ▶ By the mid-ninth century, more than 30 bimaristans—centers for treating illness and injury—were working from the Arab Middle East to Persia in

## Some references on the early Islamic Hospitals:

- ▶ **Islamic Culture and the Medical Arts: Hospitals**

[https://www.nlm.nih.gov/exhibition/islamic\\_medical/islamic\\_12.html](https://www.nlm.nih.gov/exhibition/islamic_medical/islamic_12.html)

- ▶ **The Beginning of the Islamic Hospitals | Muslim Heritage**

[www.muslimheritage.com/article/beginning-islamic-hospitals](http://www.muslimheritage.com/article/beginning-islamic-hospitals)

- ▶ **Islamic hospitals - Science Museum**

[www.sciencemuseum.org.uk/broughttolife/people/islamichospitals](http://www.sciencemuseum.org.uk/broughttolife/people/islamichospitals)

- ▶ **The Medieval Islamic Hospital | History Today**

[www.historytoday.com/reviews/medieval-islamic-hospital](http://www.historytoday.com/reviews/medieval-islamic-hospital)

- ▶ **Medicine in the medieval Islamic world - Wikipedia**

[https://en.wikipedia.org/wiki/Medicine\\_in\\_the\\_medieval\\_Islamic\\_world](https://en.wikipedia.org/wiki/Medicine_in_the_medieval_Islamic_world)

- ▶ **History of hospitals – Wikipedia:**

[https://en.wikipedia.org/wiki/History\\_of\\_hospitals](https://en.wikipedia.org/wiki/History_of_hospitals)

- ▶ **Hospitals in Medieval Islam || Imam Reza (A.S.) Network**

<https://www.imamreza.net/eng/imamreza.php?id=697>

## CONCLUSION:

**ISLAMIC MEDICINE** is very wide and comprehensive and encompass all these HEALTH CATEGORIES:

- ▶ -The holy AL QUR'AN | -All IBADAT/Worship
- ▶ -Prophetic medicine
- ▶ -The Proper Islamic behaviour which is based on the Qur'an and Sunnah
- ▶ -Avoiding all Harams/forbidden | -Doing the HALAL
- ▶ -Implementing all the great superior HYGIENIC measures to avoid most cross infections and a lot of diseases
- ▶ -Implementing the many Islamic ALTERNATIVE/COMPLEMENTARY medicine
- ▶ -Adopting many of the new Natural medicine like : Herbs...which are created by our Creator
- ▶ -Building the NATURAL STRONG PERMANENT IMMUNE DEFENCE SYSTEM (Immunotherapy)  
to destroy most infections and many diseases
- ▶ -Educating on : Spiritual Health( which is missing today from all medical world)
- ▶ - Reviving Islamic Pharmacology and Islamic hospitals
- ▶ -Plus the use of many of the new modern medicine and treatment(If halal safe and effective)
  
- ▶ One amazing quality in ALL ISLAMIC MEDICINE is:
- ▶ PRIMARY PREVENTION OF DISEASES , which is missing also from the medical world today!

## ***Conclusion Continue...***

- There is no doubt that humanity today is facing A HEALTH CRISIS!
- Despite all fast progress in medical technology, we have more non communicable diseases and more medicine and drug prescribed and more patients damaged or dying from the prescribed medicine.
- A large number of patients are having too more chronic and “incurable” diseases.
- It is sad state of affairs today that Muslim doctors have omitted and neglected this hidden treasurer of these divine health measures :ISLAMIC MEDICINE for the prevention of diseases , for the promotion of health and for free successful treatment and cure.

### **I BELIEVE THAT WE BADLY NEED TODAY:**

- Urgent review of all medical treatment/drugs from Islamic/Halal and safety point of view
- Urgent review/debate of the rising number of vaccines from Islamic/Halal and safety point of view
- Adoption of the Islamic behaviour and the Islamic way of life in order to prevent hundreds of diseases

## ***Conclusion Continue...***

- Adoption of the Islamic natural complementary and alternative medicine in our clinics and hospitals
- A strategic plan for PREVENTION of diseases in Muslim countries
- And to address and prevent the major killers/ major Health hazards and all types of addiction
- To manufacture some of halal natural medicine by Muslim scientists and doctors
- To make all efforts to form well and permanently the natural immune defence system
- To give chance sometimes to the human body /the natural immune defence system to he

### ***I LIKE TO SUGGEST TO ESTABLISH:***

- Islamic medical curriculum in the medical schools in the Muslim world
- Islamic medical Universities with many colleges and research centres:
  - \*College for Black seed | \*College for Honey | \*College for Quranic/Prophetic food
- \* And to establish Islamic clinics and hospitals but without neglecting the many useful things in western medicine and treatment

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# IMPORTANT References for every Muslim doctor or health professionals

▶ A: MUSLIM WEBSITES ON THE ISLAMIC SCIENTIFIC MEDICAL MIRACLES/Eijaz

▶ [www.nooran.org](http://www.nooran.org)

▶ [www.kaheel7.com](http://www.kaheel7.com)

▶ [www.55a.net](http://www.55a.net)

▶ [www.eijaz.net](http://www.eijaz.net)

▶ [www.quran-m.com](http://www.quran-m.com)

▶ [www.islamicmiracles.net](http://www.islamicmiracles.net)

▶ [www.way2ALLAH.com](http://www.way2ALLAH.com)

▶ [www.ALEIJAZ.net](http://www.ALEIJAZ.net)

▶ [www.AL-WAHA.net](http://www.AL-WAHA.net)

▶ [www.tasabeeh.com](http://www.tasabeeh.com)

▶ -Dr Zagloul EL Naggar (earth,sky,astronomy,mountains...):

▶ -[www.elnaggar.com](http://www.elnaggar.com)

▶ -[www.z.elnaggar.com](http://www.z.elnaggar.com)

▶ -[www.elnaggarofficial.com](http://www.elnaggarofficial.com)

▶ -Dr Jameel Qudsi (Quranic food/nutrition for treatment of diseases)

▶ [www.dr-jameel.com](http://www.dr-jameel.com)

▶ [www.dr-jameel.org](http://www.dr-jameel.org)

## **B- WEBSITES OF ISLAMIC MEDICAL ORGANISATIONS**

- ▶ [www.britishima.org](http://www.britishima.org) (British Islamic Medical Association) or BIMA
- ▶ [www.imef.org.uk](http://www.imef.org.uk) (*Islamic medical Ethics Forum*)/UK
- ▶ [www.islamicmedicine.org](http://www.islamicmedicine.org)(UK)
- ▶ [www.iiim.org](http://www.iiim.org)(US)
- ▶ [www.imana.org](http://www.imana.org)(US)
- ▶ [www.ima.org.za](http://www.ima.org.za) (South Africa)
- ▶ [www.islamset.com](http://www.islamset.com)(Kuwait)
- ▶ [www.mdda.org.uk](http://www.mdda.org.uk) (UK) ?
- ▶ [www.muslimdoctors.org](http://www.muslimdoctors.org) (UK)
- ▶ [www.muslimdoctors.org](http://www.muslimdoctors.org) (UK)
- ▶ [www.fimaweb.net](http://www.fimaweb.net)(Federation of Islamic Medical Associations)
- ▶ [www.mhsn.org.uk](http://www.mhsn.org.uk) (UK)

## **C- -EARLY MANUSCRIPTS/ PHOTOS ON ISLAMIC MEDICINE**

- ▶ [Images for Photos/manuscripts of Islamic medicine](#)